



Makes Your heart smile!

HE&CC (Health Enjoyment and Challenge Centre) is an organization which focuses on revalidation and recovery combined with a vacation experience for people with and without a handicap. In this newsletter, we are pleased to advise if the recent developments so that you can look forward to the opening together with us.

General

1-3

Public relations

4-4

Cooperation news

5-5

Aruba

6-6

The preparations for the construction are ready; we will be more than a Vacation Botel!

The decision is final: HE&CC will be, in addition to a vacation hotel, a revalidation centre, a recovery hotel and spa! That means that there needs to be developed ground rules for a design with unparalleled accessibility, independence, safety, liveability, and a feeling of comfort for all the guests. That design is ready now! Property developer DMP from Noordwijk was able to make an inventory of the total investment costs and the financial and architectural specifications for participants and banks are ready. This indicates that the start of construction is a step closer!



The construction is approaching and the opening is becoming closer to reality.



In 2007, the Centre will be opened. At this moment, several licenses have been requested and some of them are already committed to by the Department of Economic Affairs. After receiving the licenses, we expect the project to start in March 2006. Preparing the site for building takes approximately six months and the total duration until occupancy of the hotel and annexes is projected to take an additional 11 months.

Gap in the market.

From the research by the Aruba Investment Bank, it appears that there are no comparable projects like HE&CC in the Caribbean. The research also indicates that the HE&CC has discovered a new market for Aruba. The nearest project, comparable to HE&CC, is in Greece and has a long waiting list. This encourages us to continue with our activities with our full energies.

Green project.



The HE&CC will be very conscious of the environment which she is part of. That means that we not only will be a centre with excellent supplies and facilities, but also that we are aware of the importance of nature. That is why HE&CC has chosen to utilize high quality and long-lasting materials. Electricity will be generated by solar energy; rain will be recycled by using a biological purifying plant and hot water will be provided by the use of solar boilers. Everything is focussed to preserve nature and is certified by the International OHSAS 18001; the safety management system for quality and environmental care.

HE&CC: a company of the future.

The Centre on Aruba will have similar functions as the house of the future in The Netherlands. With the applied technologies and automation, the Centre will save costs by using strict water and energy management. The used materials, techniques and automation produce a saving of a minimum of 20% on the personnel and maintenance costs.

We expect to become an example for the other companies in the Caribbean. It will possible for others to learn about and experience the latest techniques allowing them to find out in which way they can reduce their own fixed costs.

Architects, innovation and socially minded.

Together with Dutch Docklands International, Waterstudio.nl from Rijswijk started to certify the floating pontoons at TNO. In the meanwhile, an architectural agency on Aruba has evaluated the locations which have been judged and the findings are mapped. These findings are useful to insure that the structural designs fit within the natural surroundings of Aruba. The Centre will be an innovative floating green (and blue) project with socially minded operational management and entrepreneurship.

Finance.

Together with the Aruba Investment Bank (AIB) a contract has been signed for raising the additional risk financing. HE&CC has complied 100% on all of the objectives required by the AIB, such as commitment to excellence, client driven, integrity, good corporate citizenship and innovation. Thanks to this cooperation, HE&CC can approach its partners and potential investors in a more professional way.



Investors brochure available.

For investors who are interested, there is an Executive Summary available on the website of HE&CC (www.HE&CC.com) and with Mrs. Marielsa Arends-Croes of the AIB in Aruba. We are currently looking to expand our financial participation from within the Netherlands and Aruba.



Automation



We have made progress with automation. The negotiations with the owner of Syro Computing and VitueelWeb are in an advanced stadium. Syro computing will be partially responsible for investigating and adjusting the needed ICT systems as well as the daily management systems and website control of the HE&CC.

Fair news.



HE&CC shared a stand with the German department of the International Association for Handicapped Divers at the 'REHA Care International fair' in Düsseldorf. This is the largest fair of Europe for disabled travellers. Approximately 700 brochures were distributed to visitors including therapists, employees of nursing homes and revalidation centres.

Reservations on a yearly basis.

Several large organizations like the Globetrotter Club (from France, Denmark and Great Britain), V Hassistans Service from Sweden, Bayer from Leverkusen (Germany) and the Westfälisches Institute Warstein from Westfalen Lippe (Denmark) showed their interest to cooperate and want to lodge groups of people in the Centre.

HE&CC is a success.

Several German organizations will cooperate on the PR activities including the 'Arbeitsgemeinschaft Behinderung und Medien' (produces documentaries for television and satellite) The magazine Provita and the product manager of the Messe Berlin contacted the HE&CC to give information on ITB in

Berlin; the world's largest travel fair. In the mean while an active PR campaign is being executed through the regular meetings of the spinal chord lesion organization and several revalidation centres in the Netherlands have been approached for their cooperation for publicity.

Where can you find us in 2006.

FROM JANUARY 21 UNTIL JANUARY 29

you can find us at the International Boot Show in Düsseldorf, hall 3, stand number 3J25.

FROM APRIL 19 UNTIL APRIL 22

you can find us at the Supportbeurs in Utrecht, hall 7, stand number E58.

The new website has become more accessible.

HE&CC has a mission to be accessible to everyone. This includes that all information must be accessible for people with limited sight, blindness and sensitivity for changing images. Thanks to the assistance of people who are visually restricted themselves and thanks to guidelines on the website www.drempelsweg.nl, our new website is under development. We are also working to offer the website in several additional languages including English, French, German, Spanish and Papiamentu.

Any questions?

You can place any questions on our website info@HE&CC.com or you can send a letter to HE&CC P.O.Box 32 2210 AA Noordwijkerhout, The Netherlands. You will receive an answer by mail or we will answer it in the next newsletter.

Dive Challenge Tour News.

In Rotterdam there was a challenge-day for a large group of children with limited sight and for the Mytyschool. 70 children enjoyed the "dive and play meeting day". This challenge day was organised by the foundation "Mee" and the Fortis Foundation.



IAHD news

The organization is active in Vught by training several firemen divers to become dive instructors for individuals with handicaps. The main goal of this project is to involve large target groups into the activities of the IAHD.

Foundation friends of the HE&CC.

Volunteers of the foundation are going to support several activities for guests in the HE&CC. Some of the volunteer support will focus on guidance during activities and travel by experienced volunteers of, for example, the Dutch foundation "Zonnebloem" or "Hartstichting". Other support will find volunteers guarding people during swimming, guidance by certified members of rescue teams and dive therapy and trainings by instructors of the IAHD.

Mission statement of the foundation:

Also for people who are less fortunate

Thanks to the effort of volunteers, it is also possible to offer our services to people who are less well off.

Developments.

The foundation, presided by Ron van Wijngaarden, is busy to expand the committee and is mapping its future activities. One of the activities is driving membership recruitment. All of this is aimed in connection with the start of construction of the Centre.

The foundation's logo.

We are very proud to present the logo of the foundation, designed by Founders Design & Communication from Amsterdam.



Treatment prices.

Several funding agencies and foundations are being approached to secure donations for their specific beneficiary group so that we can offer the most reasonable and fair prices possible.

Breast cancer revalidation in the HE&CC.

Information has been given in the Wilhelm Anton Hospital in Germany to the oncology department (treatment of patients with breast cancer). In the future, couples can travel to Aruba to receive specific trauma therapy thanks to the special natural circumstances on the island and due to our medical support. We will start with 6-8 couples from The Netherlands and Germany who will visit the centre for two or three weeks. We will stimulate and support these couples by combining conversations, relaxation, treatments, activities and challenges so they can continue to enjoy a full and productive life.

More employees.

The team of employees on Aruba is growing. We have a new Food & Beverage manager with 25 years of experience (3 years of experience on Aruba). He is trained in HAACP, nutrition. We also found a PR and travel agency expert and have been successful in finding a quality and experienced ground

Dialysis in Aruba.

Wist u dat er op Aruba zowel in het Dr. Horacio E. Oduber ziekenhuis als bij Posada Clinic, een privékliniek met de hoogste standaards op dialysegebied beschikbaar zijn? De Posada Clinic gaat samen met het HE&CC Aruba promoten als bijzonder dialysevriendelijk tropisch vakantie-eiland.

Licenses.

The licenses are have been committed by the Department of Economic Affairs. The application for a floating medical centre has been submitted by the Department of Domains in Aruba.

transportation company to cooperate with us for the maintenance, transportation and rental. The negotiations have begun for contracting out the hotel management to an Aruban hotelier who won the award of "Caribbean Hotelier of the Year" in 1996.

Did you know:

That the level of health in The Netherlands is decreasing for those people under 50+ (source: 50 plus guide 2005)? For seniors it is time to get into action! Stop smoking; eat healthier, and most important- more exercise. The HE&CC can offer the needed support. Who can think of a better way to start?

That the stud "What moves seniors" (source: NOC NSF 2005) shows the following top ten:

- | | |
|-------------|------------------------|
| 1. Swimming | 6. Tennis |
| 2. Walking | 7. Skating |
| 3. Biking | 8. Flying |
| 4. Fitness | 9. Jogging |
| 5. Golf | 10. Under water sports |



And did you know that each of these activities is possible in Aruba?

That only in The Netherlands, every year 20.000 new cases of breast cancer are diagnosed (source: CBS 2005)? And did you know that the HE&CC will offer special programs to cope with this?

That a large part of the population of Aruba has diabetes? And that the HE&CC will offer programs for this disease to include diet, education, activities, special sport programs and treatments for improving the quality of live.

That there is a web version and a hard copy version of this newsletter?

de website (www.he-c.com), Fax (+31-(0)71-4086841),
of postbus (HE&CC Po.box 32, 2210 AA Noordwijkerhout Nederland).